

Norwegian Maritime Rules & Regulations – Onboard Exercises & Checklist

Please enter Company and Candidates information completely (in blue or black ink):

Company Name:

(Please print clearly)

Company Address

(Street/City/Country)

Company Contact Person

(Name/email)

Candidates Name:

(Please print clearly)

Position:

Date of birth:

Nationality:

Passport Number:

Expiration Date

Issuing Country

IMPORTANT: Send all completed documentation via email to: STCW@mintra.com
with the Subject Line: Crowd and Crisis Management Certification

- 1) Send an electronic photo (passport style for placement on the certificate) and include a scanned copy of the candidate's signature.
- 2) Send a scanned copy of this completed and signed Checklist and Assessor Certification
- 3) Send a Copy of the end of course "Certificate of Completion" found at the end of the completed eLearning "Crisis and Crowd Management" course.

A copy of all documentation should be retained by candidate.

Assessor Certification

We hereby certify that the candidate has demonstrated knowledge and proficiency in Norwegian Maritime Rules and Regulations.

We request that this completed checklist is logged in the customers internal system, documenting that the training has been completed.

We request that the certificate for Norwegian Maritime Rules and Regulations is issued to the candidate.

Signature of this certification is required by either an approved Assessor or the Master / OIM

Assessor, Training Officer

Signature _____ *Date* _____

Name(print) _____

Position _____

Or

Master or Offshore Installation
Manager (OIM):

Signature _____ *Date* _____

Ship or Offshore installation
Stamp

Name (print) _____

Position _____

Ship Name _____

IMO Number _____

Candidate: *Signature* _____ *Date* _____

Name (print) _____

Mintra AS

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Address: Luramyrgården, Stokkamyrveien 13, 4313 Sandnes

www.mintra.com

E-mail: STCW@mintra.com

Guidance

The candidate must demonstrate knowledge and satisfactory proficiency in the items on this check list to complete the assessment and complete the Norwegian Maritime Rules and Regulation eLearning course to receive a Norwegian Maritime Rules and Regulation Certificate of Proficiency.

The following are required to be completed for the Norwegian Maritime Rules and Regulation certificate:

- MGM-035 Norwegian Maritime Rules and Regulations
- Norwegian Maritime Rules and Regulations – Onboard Exercises and Checklist

Recommended references can be used to complete the Onboard Exercises and Checklist:

- The Norwegian Maritime Authority's website
 - <https://www.sdir.no/en/>
- Norwegian Acts and Regulations
 - <https://lovdata.no/>
 - <https://www.sdir.no/en/shipping/legislation/>
 - Excerpts from the Norwegian Passenger and Cargo Ship Legislation
- ISM Code
- STCW Convention
- SOLAS Convention
- The International Ship and Port Facility Security (*ISPS*) Code
- Maritime Labour Convention (MLC)
- The International Convention for the Prevention of Pollution from Ships (MARPOL)

All pages generated by the candidate onboard must be signed and verified by the Master or Assessor and marked with the vessel's stamp then submitted for evaluation.

The Assessor should indicate Pass or Fail, and if needed provide additional information in the comment fields. The assessor completing this checklist may be an approved Assessor, Master, Offshore Installation Manager or Training Officer.

All exercises must be completed to pass the course.

Norwegian Maritime Rules and Regulations - Exercise and Checklist				
The candidate has sufficient knowledge and understanding of completing the following:				
Nr.	Description/requirements	Pass/ Fail	Date (d/m/y)	Assessor (initials)
1.	Explain the NMA's main goals and objectives.			
2.	Demonstrate knowledge of the Ship Labour Act, including but not limited to: obligation of employer and company, employment agreements, wages, Seaman's duties and rights, disputes, protection against discrimination, and medical care.			
3.	List the parts of the Norwegian Maritime Code (NMC), and describe their main content, including the authority of the Master, roles and responsibilities, liability, marine accidents, maritime inquiries and maritime assessment.			
4.	Explain the Norwegian International Ship Register Act, including conditions for registration, trading area restrictions, pay and working conditions, hours of work and rest, application of the Ship Labour Act for vessels in the NIS, and mustering.			
5.	Describe the Ship Safety and Security Act and explain company duties, safety management, technical and operational safety, working environment and personal safety, environmental safety, protective security measures, and criminal liability.			
6.	Demonstrate knowledge of the Freedom of Information Act.			
7.	Explain how to report marine accidents and other incidents at sea, including the notification and reporting procedures.			
8.	Describe the Regulations for Preventing Collisions at Sea, and the special rules for Norwegian waters.			
9.	Demonstrate understanding of Norway's ratification of MARPOL, and where this is implemented in the Norwegian Regulations.			
10.	Explain the Regulations on the Form and Keeping of Logbooks, including form, publication and inspection, logbook keeping on ships in the NIS, and entries in logbooks.			

11.	Demonstrate knowledge of surveys and certification as stated in the Regulation on Supervision and Certificates for Norwegian Ships and Mobile Offshore Units, including how to request surveys, general provisions on carrying out surveys, recognised classification societies and validity of certificates.			
12.	Describe the Regulations on Accommodation, Recreational Facilities, Food and Catering on Ships, and which ILO conventions have been implemented in the Regulations.			
13.	Demonstrate knowledge of the Regulations on Marine Equipment.			
14.	Explain the Regulations on Radio Communication Equipment, including the kind of vessels requiring radio installations, the necessary operator qualifications, and radio surveys.			
15.	Demonstrate knowledge of the Regulations on the Manning of Norwegian Ships, and the Regulations on Watchkeeping on Passenger Ships and Cargo Ships, including watchkeeping requirements, hours of rest and work, and the minimum safe manning level.			
16.	Describe how the ISPS Code is implemented, including the security levels and security measures as well as reporting of security incidents.			
17.	Demonstrate knowledge of the Regulations on a Safety Management System for Norwegian Ships and Mobile Offshore Units, as well as the ISM code, including the Master's responsibility and authority, and the company's responsibility.			
18.	Explain the Regulations on Qualifications and Certificates for Seafarers, including qualification requirements, training and emergency preparedness, language skills, certificate requirements, approval of foreign education, training and certification, and the validity of certificates of competency.			
19.	Describe the Regulations on Employment Agreement and Pay Statement, including employment conditions and economic rights, form of employment agreement, and settlement of wages and demonstrate understanding that further regulations on this topic are listed in the Ship Labour Act.			

20.	Demonstrate knowledge of the Regulations on the Working Environment, Health and Safety of Persons Working on board Ship, including regulations regarding health and safety, risk assessments, personal protective equipment, hygiene, medical examination, safety representatives and working environment committees.			
21.	Demonstrate knowledge of the Regulations on Medical Examination of Employees on Norwegian Ships and Mobile Offshore Units, including health certificate requirements and medical examination by an approved seafarer doctor.			
22.	Describe the Regulations on Water Supply and Water intended for Human Consumption.			
23.	Explain where to find miscellaneous provisions, updated acts and regulations, and recent amendments.			